





FEATURES

Regional Report: IPSC Poland

23 2022 PAHC Special Report: Welcome to Central Florida!

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IPSC Work Never Stops!

Dear IPSC members.

IPSC together with its Regions is constantly working to keep showing high results and achievements and to develop our sport globally.

In this issue of the IPSCWorld magazine, I would like to talk about the interim results of the first half of 2022.

Matches, Medals and Seminars

Despite the new international challenges facing our sport, the IPSC Regions are actively working and I am pleased to announce that in the first half of the year, 222 matches Level III and higher in all IPSC disciplines were successfully organized and conducted, and Presidents' medals were awarded to 1821 athletes.

The remarkable work of our Range Officers and Instructors is also noticeable in all Regions. We are seeing that seminars have been actively resumed.

Partners, Sponsors and Patrons

This year we are grateful again for the continued support of our over 70 Partners, Sponsors and Patrons, including such companies as CZ, Kahles, ShieldSights, CamPro, Tangfolio, Benelli, and many other representatives from all IPSC Zones.

Despite the global challenges, their support aimed at the development of our sport allows our organization and IPSC Regions to hold events at the highest level and delight our athletes.



PUBLISHER: Marco Hernandez ipscworld@ipsc.org

LETTERS TO THE EDITOR: ipscworld@ipsc.org

ADVERTISING MANAGER: Alain Joly sponsorship@ipsc.org

CONTRIBUTING WRITERS: Dino Evangelinos Ekaterina Nikiforova **IPSC** Poland Al Snow

PUBLIC RELATIONS:

Alain Joly joly@ipsc.org

CONTRIBUTING PHOTOGRAPHERS: IPSC Poland VisitCentralFlorida.org



facebook/IPSCWorld



@IPSCWorld @IPSCWorldShoot



YouTube.com/IPSCWorld



IROA Academy iroa.invisionzone.com

Mutual Administrative Work

IPSC Headquarters and the Continental Council carry out administrative work in constant mode and in close contact with all IPSC Regions. Thus, in the first half of the year, 8 online meetings of the IPSC Executive Council and 2 meetings of the IPSC Continental Council took place.

All questions received from Regional Directors were considered and feedback was given to the Regions. Representatives of the IPSC Zones are also actively working on intra-zonal meetings in various formats, but the online format remains the November 16 - December 3 most popular.

In addition, the IPSC Brand Book that regulates our public and corporate identity was presented and published on the official IPSC website.

Membership in GAISF, AIMS, WADA

The IPSC Executive Council fulfilled its duties within the required framework of being full member of the sporting international organizations GAISF, AIMS and WADA.

Representatives of the IPSC Executive Council attended GAISF and AIMS General Assemblies in May 2022, and the WADA 2022 Annual Symposium in June.





Second Half of 2022

In the second half of the year our mutual work in all areas of sports development will continue further in accordance with the challenges and plans for the global development of our sport.

Among the major events in the second half of the year, we will see the following:

- Pan American Handgun Championship -Florida, USA: September 14 – 21
- Handgun World Shoot Pattaya, Thailand:
- IPSC General Assembly: November 25

Today, active work continues on the preparation of the Pan American Handgun Championship and the Handgun World Shoot.

All athletes will be given a warm welcome in the USA and Thailand and we see how the members of the national teams are actively preparing for the main biggest matches of this year.

We wish good luck to all athletes and participants in the upcoming matches!

DVC.



Vitaly Kryuchin **IPSC President**





REGIONAL REPORT



IPSC Poland throughout most of its 25 years of history was very small IPSC region with only 200 competitors back in 2010. That was mainly due to complicated firearms legislation within the country prior to 2011.

In 2011, new firearm legislation was introduced enabling athletes to obtain firearms on shell issue basis. Since 2011, IPSC has became more and more popular in Poland; the Region's membership rose to 368 members in 2014, over 900 in 2018, and kept growing in spite of the COVID-19 pandemic to almost 1200 members, including over 300 Range Officers, in 2021.

The size of IPSC activity in Poland is actually bigger than the official statistics as currently it is not required to be member of IPSC Poland to compete in Level 1 matches.





WHEN 1/10 OF A SECOND MATTERS

The Match Winner

Optimized for IPSC and 3-Gun matches, the K18i with 8 x zoom features an ultra-wide field of view, specially designed, extra-bright illuminated reticles with unique MAX LIGHT function and an individually adjustable throw lever.



New and unique

Extended power setting for extreme backlight situations







kahles.at









For last few years, Poland has been also one of the most active European Regions in terms of number of Level 3 competitions. We usually have over 10 Level 3 matches a year, and had over 20 Level 3 matches in 202.

Rafał Pojda, Regional Director:

Thanks to my Regional Directors predecessors, we are now in an excellent position and we are well prepared to face new challenges and become a mature sporting organization. We are focusing on attracting more clubs and athletes to participate in IPSC competitions and become members. We are also planning to host more Level 2 matches as a measure to increase overall quality of our local competitions. In addition, there are also plans to utilize IPSC Action Air as training tool for the youngest athletes.

I hope that in next few years Poland will become a major European Region and hub for IPSC

international competitions, especially considering that there are already over 10 shooting ranges suitable for Level 3 matches in Poland. We have an Polish firearm regulations went through important available infrastructure to conduct Level 3 matches in all IPSC disciplines including the most demanding IPSC Rifle.

How many shooting clubs are generally firearms used in all IPSC disciplines. functioning in the Region?

There are almost 400 clubs in the PZSS (Polish Shooting Sport Federation).

Does your IPSC Region has government recognition?

IPSC Poland is part of the Polish Shooting Sport Federation which is officially recognized as a sporting organization, both by the Government and by the Polish Olympic Committee.



May civilians own firearms?

changes in 2011, since then Competitive Shooters can obtain firearm licenses on shell issue basis.

Sport shooters in Poland are allowed to own

IPSC Poland By The Numbers

How many members does your Region have?

By the end of 2021, we accounted for 1,200 active members.

How many Levels 1-2-3 matches you conduct per year?

We usually have around 50-60 level 1 matches per year, and 10-20 Level 3. Additionally we are planning to have almost 20 level 2 matches in 2022.

How many gun clubs are there in your Region?

Our members represent almost 100 clubs, 20-30 of which are regularly hosting matches.

How many ROs, MISIA (IPSC) Instructors and Trainers reside in your Region? There are over 300 ROs in our Region.









MISIA NEWS

EWS MISIA NEWS





MISIA and IPSC Kenya conducted the very first MISIA Instructor Seminar back in June 2022.

As part of the widespread adoption and interest on skills development, MISIA was present in the city in Kenya to conduct the Inaugural Instructor Seminar. The training was held in Chalbi Shooting Range, in the town of Shaba in Isiolo County.

In June 2022, IPSC President Vitaly Kryuchin visited Kenya for the MISIASeminar and for meeting with Egypt NSSF and ASSF President Hazem Hozny and IPSC Kenya Regional Director Riaz Abdulgani. They discussed IPSC development in the African continent.

MISIA Instructor Seminar was attended by 8 participants, 6 passed the Instructor shooting test.









The Seminar gained lots of excitement also motivated by the recent success IPSC Kenya (Kenya Sports Shooting Federation) had after it conducted the Inaugural Kenya Open IPSC Championship Level III in Samburu.

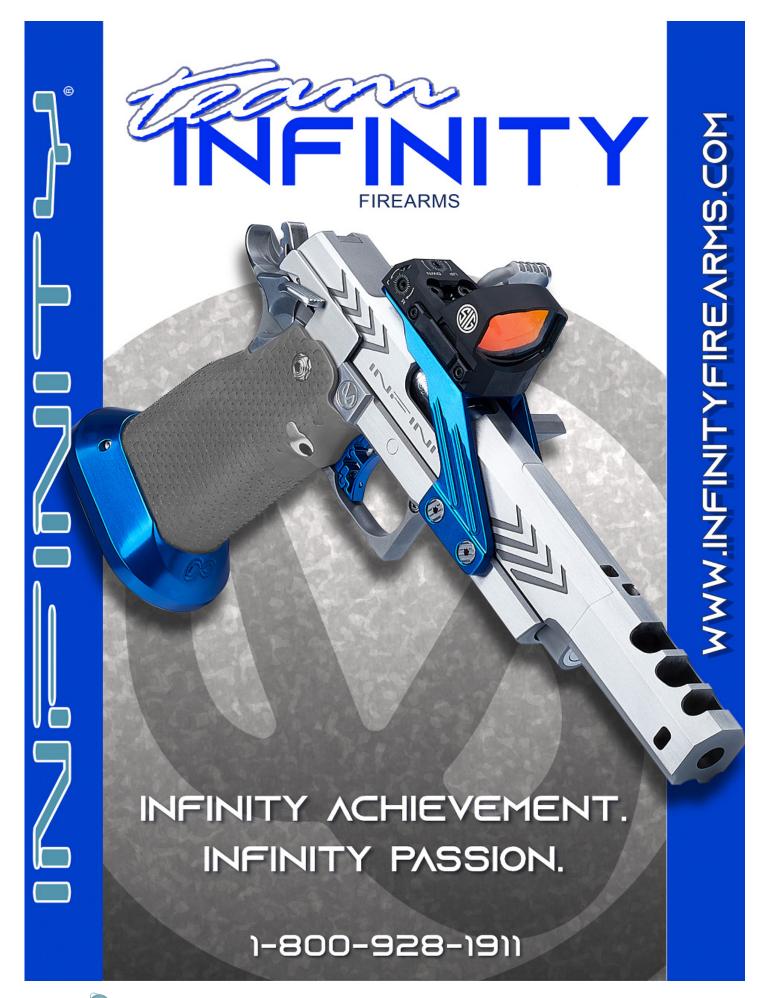
The two-day championship, the first to be held in Africa outside South Africa, was graced by participants from Kenya, Zimbabwe, Spain, China, Britain, and South Africa, among others.

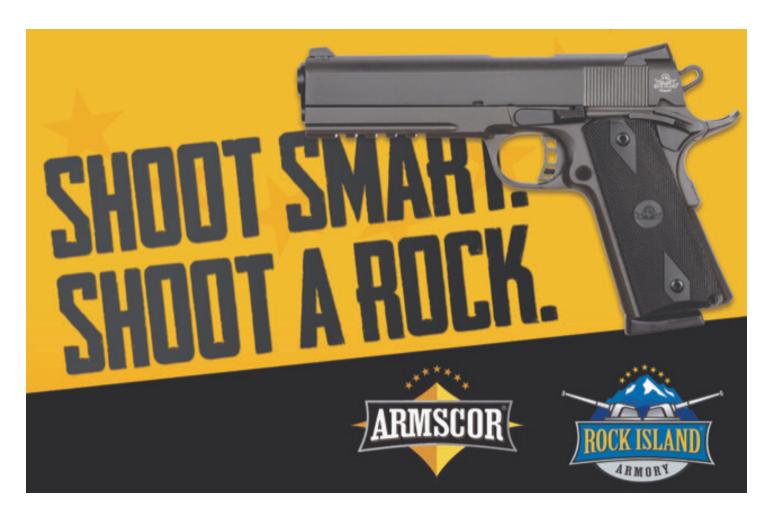
The MISIA training schedule is constantly being updated - if you want to find out more information, please visit https://misia.world/













YOUNG GUNS



How did you first hear about IPSC?

The first time I heard about IPSC shooting was on social media, where I saw a report from a competition, then I became interested in this form of shooting.

For how long have you been shooting?

I had my first contact with a firearm about 3 years ago. I started shooting in the middle of 2018, mostly statics, under my father's supervision. In 2019 I started to be interested in IPSC shooting and began training in this direction, and by the end of the year I participated in my first Leve1 match and took 2nd place in the Standard Division. In 2020, I bought a pistol for Open Division and after about 5 months I competed in my first Level 3 match. To my surprise, I took 2nd place again on the podium. In the same year, I became the vice champion of Poland in the Open Division.

What division do you shoot and why?

I shoot Open Division because it is the fastest, focused on the dynamics of movement. I can also adjust the firearm and belt to my liking practically without restrictions. I'm currently









shooting with BUL SAS 2 UR which I customized to my preferences.

What is the coolest about IPSC shooting?

In IPSC the most fun is competition, the dynamics of shooting and raising your level. I also like the fact that the stages for each competition are unique and challenging.

What do your friends and family think about you shooting

Family and friends are interested in my shooting, and I always show them videos from my runs after the competition. Sometimes, I take them to the shooting range to have a good time together and show them how to shoot.

What other sports or activities you enjoy besides IPSC shooting?

I regularly cycle and run to improve my condition and stamina.

What inspired you to begin shooting?

My father introduced me to shooting, and we shoot and train IPSC together. Along with our friend, we created the "WATAHA" Team. We train as a team and prepare for competitions. Currently there are 6 teammates and during the week we train 2-3 times and we shoot 150-200 rounds for one session.







HOT SHOTS





How many years have you been shooting?

I've been shooting IPSC since 1998 and been an IROA Range Officer since 2004.

What do vou like best about IPSC shooting?

l love the variety of stages and the changing physical / shooting / mental challenges. I also enjoy the outdoor competitions in beautiful surroundings. Over the years I have met wonderful people from many countries. I'm sure that no matter where in the world I have an issue, an IPSC colleague will help me.

How often do you practice at the range?

Definitely not enough in recent years! I currently practice about once a month - although I believe that competitions develop mental abilities best.



Who do you consider your inspiration or mentor?

To begin with IPSC, I was fortunate to practice in a very active club that included many active range officers like my longtime friend Werner Dahmen, who unfortunately passed away a few months ago. So I went to many Level 3 matches in Europe very early on and shot there as a participant; also worked as a Range Officer. As a result, I got to know all aspects of a big match and found a wonderful connection to the IPSC family.

Later on I was lucky enough to take part in European and World Championships with Max Wiegand for many years and to be with him in the 5.11 Shooting Team Germany. I learned an incredible amount from him, both in the IPSC world and also while hunting together.

What is your match pistol and ammo?

I've always shot Walther pistols in Production Division: 1998 the P99, 2012 the PPQ, currently the Q5 Steel Frame Black Ribbon. In a few days I will get the new PDP SD Pro. I produce my own ammo on Dillon 650 and 1050, I prefer 147 grain bullets with N320 powder.

How do you unwind at the end of the day?

I have two dogs (Magyar Vizsla), I also go hunting and like to listen to good music.

How do you prepare mentally for a match?

If you've been doing this for a long time, the excitement is low. I know what I can do and I trust the force.

Any special exercises?

I have had chronic pain after back surgery for 25 years. That's why relaxation and stretching exercises are very important to me. Now I'm retired, live in the countryside and make my own wood for the fireplace. This puts me 20 kg under my maximum weight, which is also very helpful.

What advice do you have for up and coming shooters?

- 1. Only those who shoot a lot shoot well.
- 2. Successively set yourself new goals to increase your performance.
- 3. Join an ambitious training group and
- 4. Go with your friends to as many competitions as possible.



CLUB GUAYAS DE TIRO Y AVIACION

SENIOR SHOOTIZENS



When and where did you first discover IPSC shooting?

It was back at the IPSC Handgun World Shoot held in in 1996 in Brasilia, as a spectator. It was love at first sight for that dynamic sport, with amazing scenarios. I had already competed in shooting in other shooting sports, but from that day on practical shooting became my passion.

What inspired you to begin shooting?

My profession as Federal Police Officer led me to seek improvement in my ability to use firearms and in the practice of shooting through sport, initially in the precision modalities, and since 1996, in practical shooting, inspired by the match I saw at the IPSC Handgun World Shoot in Brasilia.

Which divisions do you shoot, and why?

Since I entered practical shooting 26 years ago, I have always competed in the Standard Division since I consider it the most exciting and challenging.

Which make and model firearm do you use?

I have been using the same equipment for 30 years: SVI pistol, Infinity model and caliber .40 S&W.



"I believe that discipline and persistence are the keys to success in our sport"



What do your friends and family think about you shooting IPSC?

I've always had support from my family, co-workers and friends, who are very proud of my performances and titles, such as Senior World Champion in Greece, in 2011, Twice Pan American Champion and Latin American Champion, among many others. They keep cheering and being happy about my performance.

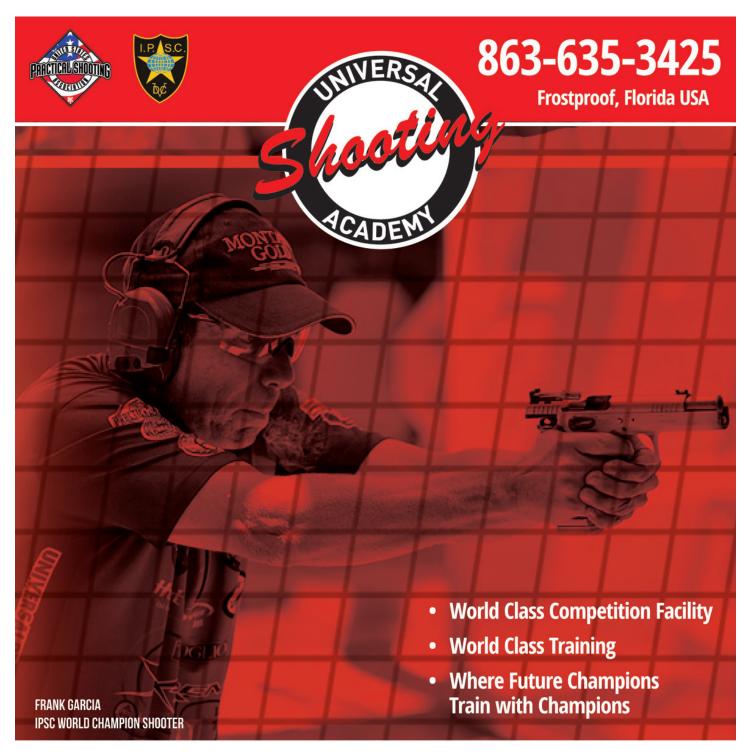
Do you have any tips for the Young Guns?

I believe that discipline and persistence are the keys to success in our sport. Discipline in training, in maintaining a good physical condition, in the application of the fundamentals, in the focus on safety; and persistence in continuing in this competitive sport, even in the face of unfavorable results, always looking for self-improvement.

The disciplined will be crowned, that's my belief!







- Private One On One Training With Frank Garcia
- Complete Shooter Performance Diagnosis Program
- Custom Tailored Training Programs
- Mobile Training Unit Available On Location

Universal Shooting Academy has hosted multiple past World Shoot, USPSA Nationals, US IPSC Nationals, and Florida Open

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More info at UniversalShootingAcademy.com

2022 PAN AMERICAN HANDGUN CHAMPSIONSHIP





Text: Al Snow

Photos: VisitCentralFlorida.org

On behalf of the Polk County Board of County Commissioners, the Tourist Development Council, Visit Central Florida/Polk County Sports Marketing, Universal Shooting Academy and Frank Garcia, we are looking forward to hosting all of the Regional Directors, competitors, officials and their families for the upcoming IPSC PAN American Handgun Championships here in Polk County, Florida. We are looking forward to being able to showcase Central Florida's food, entertainment, and outdoor experiences this September.

For those flying to the region, Polk County is conveniently located directly between Tampa and Orlando and the region is served by both the Tampa International Airport and the Orlando International Airport.

The Pan American Handgun Championship Closing Ceremonies will be held in the city of Lakeland at the newly renovated RP Funding Center. Universal Shooting Academy in Frostproof, FL will be the venue for all pre-





2022 PAN AMERICAN HANDGUN CHAMPSIONSHIP



match and Pan American Handgun Championship competition matches. While the primary venues for the competition are located in Lakeland and Frostproof, some other city names that will provide your closest accommodations to the Pan American Championship event venues include: Winter Haven, Lake Wales, Davenport, Haines City, Bartow, Auburndale, Lakeland and Fort Meade.

Attractions and Excursions

Visit Central Florida has been working with a variety of attractions throughout Central Florida to provide discount attraction tickets to attractions throughout Central Florida, in addition to discounts at area restaurants, retail stores and activity providers.

Some local area attractions include:

Disney World is actually six theme parks in one. Disney World is made up of the Magic Kingdom, Epcot, Disney's Hollywood Studios and Animal Kingdom. Two water parks, Blizzard Beach and Typhoon Lagoon, round out Disney World. While the excursion bus will drop off at only one of the theme parks, Disney's monorail systems and a network of busses and shuttles will allow you to visit the park of your choice.

LEGOLAND® Florida is Florida's newest theme park and is the largest LEGOLAND® Park in the world. Dedicated to visitors from the ages of 2-12 the 150 park offers three hotels, a unique mix of more than 50 rides, shows and attractions; plus restaurants, shops and a beautiful botanical garden.

Witness the dramatic landscapes of the Serengeti without leaving Central Florida. At Safari Wilderness Ranch, you will be guided through lush wetlands and open grasslands, and enjoy spectacular close-up encounters with huge herds of exotic animals.

Voted "Florida's Best Garden," this National Historic Landmark was dedicated in 1929 as a gift to the American people from Dutch immigrant and world peace advocate Edward Bok. Bok Tower and Gardens encompasses nearly 700 acres of conservation lands and gardens which surround the 205-foot neo-Gothic and art deco "Singing Tower" and the Pinewood Estate, a 20-room, Mediterranean-style 1930s winter retreat.





Safari Wilderness Ranch





The **Sea World Orlando** theme park features a variety of sea life and animal shows and a variety of thrill rides. Sea World Orlando has three roller coasters: Kraken, a floorless coaster based on the mythical sea creature, Manta, a coaster designed to simulate how manta rays move, and the Shamu Express, a coaster oriented to

Enjoy shopping at the **Orlando Premium Outlets** where you will find the best deals and your favorite designer and brand-name stores. The Orlando Premium Outlets offers a great collection of the finest designer labels and brands including: Coach, Cole Haan, J.Crew, Kenneth Cole, Lacoste, Michael Kors, Nike Factory Store, Polo Ralph Lauren, Adidas, Aeropostale, White House Black Market and many more.

Busch Gardens Tampa is an African themed ultimate family adventure, offering 297 acres of fascinating attractions based on exotic explorations around the world. A unique blend of thrilling rides, one of the country's premier zoos with more than 12,000 animals, live shows, restaurants, shops and games, Busch Gardens Tampa provides unrivaled excitement.

Discount links for these and more Central Florida attractions can be found in the Official Match Website: https://2022pahc.ipscmatches.org/

Central Florida is looking forward to providing everyone visiting our area for the IPSC Pan American Championships a warm welcome and provide you with some true southern hospitality. Once you have an opportunity to experience the region's natural wonders, spend time in our quaint downtowns, savor our downhome culinary offerings and soak up some of the abundant Florida Sunshine, you may find it difficult to leave!

More detailed listings of things to do, places to stay, eat and relax between competition rounds, can be found on the Visit Central Florida website: VisitCentralFlorida.org



Sea World Orlando



Orlando Premium Outlets



Busch Gardens Tampa



EADING LADIES



How long have you been shooting?

I have been shooting IPSC since 2012.

Which division do you shoot, and why?

Production. Firearms and ammo availability are greater for this Division in my country than others and also because there is more competition in Production division!

Who and/or what inspired you to begin IPSC shooting?

Once my husband got a firearm for security reasons, he encouraged me to learn safe handling and how to shoot in case we had to use it for self defense. Few weeks later he started to discover more about IPSC and began shooting it.

Same thing happened to me when tried IPSC... just leved it!. It is a sport full of adrenaline and you have to use your mind so much that became my hobby.







What do your friends and family think about you shooting IPSC?

My family is very proud, mostly my dad because he had shotguns for hunting when he was younger and watching me shoot really makes him happy.

My friends are also very impressed when they find out what I do as a hobby/sport and right then, when they see what IPSC is and they watch me shoot, they know it is a very safe sport.

It makes very happy to know my family is very proud of my shooting accomplishments!

What other sports or activities do you enjoy besides IPSC shooting?

I really enjoy cooking, reading and exercising and of course every time I can, I love going to new places that involve a little local tourism and walking, hiking and relaxing!

How do you balance your IPSC shooting activities with your other commitments?

Establishing priorities I guess... but always trying to take enough time for my mental health, sports and hobby activities, being IPSC one of them!

What do you think about the social aspects of IPSC?

It's probably what I like the most. The friends you make all over the world, getting together with people who you enjoy to be with... it's a nice and very relaxing thing!

What is the best way to get more female competitors into IPSC?

What has worked in Costa Rica is to showcase matches, present the safety aspects of the sport and invite them to attend local events related to IPSC shooting.

What tips do you have for other aspiring female IPSC competitors?

Do not give up easily... shooting with mostly men could be intimidating and it is a reality in this spor. To deal with this, it is important to have proper training, confidence in your abilities, learn to compete against one's self and work your mental strength and how to relax during stressful situations.



24 IPSCW TRLD IPSCW TRLD 25

BEST OF THE BEST



How many years have you been officiating?

I'm have been officiating for 8 years now, although I believe much more important than the years is the number of matches a Range Officer officiated and the experience they got from every single match. I have officiated about 100 Level 3s and I'm thankful for every single one!

What do you like best about officiating?

There are many things I like about officiating: taking care of the safety as the primary goal of every Range Officer, assisting competitors and my fellow match officials, representing my country, my federation and my NROI and to give the sport we love something back. Without officials we could not practice our sport. I love helping create a positive image for shooting sport in general and especially practical shooting.

What was your most memorable match? Why?

That is easy! The 2019 Australasia Handgun Championship in the Philippines. Everybody who was there knows why. The match, the hospitality, the whole atmosphere! From the arrival at Manila Airport, the amazing and unforgettable Opening Ceremony, the well-organized Stages until the Closing Ceremony – The Match Director, the Range Master, the PPSA and of course all officials and helpers did a great job!

In second place, I would say, the 2021 African Handgun Championship in South Africa. It was my first time as Area CRO on a Level 4 and it was my first time in South Africa as well. It was the beginning of a friendship with this beautiful country and a lot of people over there. Since then I have been three times Range Master on Nationals in South Africa and will be there again soon.



Forgar non flector

In addition to a timer, what other equipment do you use?

A scoring device, stapler, overlays, magnifying glass, "duck" tape (duct tape), knife, multitool, patches, different measurement tools, gloves and some more. And coffee! A lot of coffee!

What advice do you have for aspiring officials?

Don't take anything away from a competitor they deserve. Don't give a competitor something they don't deserve either. Stay open minded! Never stop learning.

If you have problems, questions, or if you are not certain about something, ask your fellow match officials. It is team work and we are brothers and sisters on the same mission. Once you wear the Range Officer uniform (doesn't matter if NROI or IROA), you are never alone. You will always get help when you ask for it. Read the rule books again from time to time and stay updated. And most important: have fun and be proud of being a Range Officer!





26 IPSCW TRLD

PARTNERS & SPONSORS



COMPANY: CZ

The alchemy of success in the **IPSC Standard Division**

Bronze. A word that's normally associated with third place in sports. Not a bad result, but coming in first is the ultimate goal of all competitors.

Enter the CZ TS 2 Deep Bronze. The hand-fitted and matched flagship model in the CZ TS 2 sport pistol range that's based on the legendary CZ Shadow 2. A pistol specifically designed to successfully compete, and formed on an ultra-modern CNC machine. and win, in the IPSC Standard Division.

Read on to learn more about the special formulation from CZ that makes up the CZ TS 2 Deep Bronze. A mixture that turns bronze into gold by putting a firstplace finish within your reach. The uncovering of a secret that's escaped alchemists for centuries.

A strong, competition-proven base

The first, and very important, ingredient of the CZ TS 2 Deep Bronze is its pedigree. Competition-proven design principles, operation and ergonomics handed down from the CZ Shadow 2.

LOCATION: Czech Republic

Stirring in hand-fitted and matched components

Each CZ TS 2 Deep Bronze pistol is constructed by hand, one at a time, to ensure high-performance operation and accuracy at racing speeds. All components are manufactured with advanced processes for achieving tolerances down to onehundredth of a millimeter and are carefully handfitted. The slide and frame are also matched. In fact, its steel frame with deep bronze finish is precisely cut

As a result, you're provided with an extremely tight sport pistol that performs at the highest level.

Adding performance-proven ergonomics to the mix

Ergonomic features from the CZ Shadow 2 are another crucial part of the formulation, as they ensure confident handling and smooth operation during high speed action in IPSC competitions.

The advanced geometry of both the frame and slide provide you with easier, faster and more reliable handling. An optimal distribution of mass further contributes to its smooth operation, as a very small amount of muzzle rise is experienced during quick firing, with return being prompt and natural. Taken together, faster and more accurate shots on target are made possible.

Two pairs of enlarged serrations on the front and back side of the slide promote positive, slip-free cocking. Aggressive checkering on the front and back straps, as well as on the flat, anodized duralumin grips, work together to ensure full control and a firm grip in hand. Bring on your sweaty and dusty hands!

The competition tested and proven design of the machined magwell ensures the anodized duralumin magazine, with black anodized baseplate, consistently slams home during hurried mag changes.



Sprinkling in a few carefully selected components

To ensure fast and accurate shooting, a highperformance, single-action (SA) sport trigger with short pre-travel and reset is added to the mixture. An advanced, hand-fitted sport hammer with a slanting design and relief hole is fully competition-ready and further contributes to its winning formula.

The flat slide release can be replaced with the included pin, which helps speed up your times by preventing the slide from locking back. For increased shooting control during rapid, dynamic rounds in IPSC Standard Division competitions, its interchangeable thumb rest is positioned at a downward angle. Convenient and positive contact with the extended manual safety on

the left side (ambidextrous safety also available) is ensured with a wide button design. The black anodized magazine release is also adjustable for tailoring to each shooter's preference.



A large scoop of shooting accuracy

A longer sight radius, combined with a 1mm red fiber optic front sight, allows for quick and accurate aiming with more shots on target during rapid firing.

And the final touches

Among the final ingredients in the CZ TS 2 Deep Bronze formulation is a highly durable, anti-corrosive coating that's applied to all metal surfaces for longlasting protection against adverse weather, sweat and scratches. Give it your worse. It can take it.

Three magazines come standard with every pistol to ensure you have enough shots on hand to get through all of the stages. And since it's designed for competing in the IPSC Standard Division, it fits nicely within the IPSC Standard Division measurement box and fully conforms with all IPSC rules.

Turn bronze into gold at your next IPSC **Standard Division event**

Dazzle your competition by transforming bronze into gold with a first place win and leave them wondering what the hell just happened...

CZ TS 2 Deep Bronze - The alchemy of success





IOINING HEARTS



Tell us a bit about yourselves.

I started shooting because my father was one of the greatest shooting competitors in Spain in the 90s. He won the IPSC Spanish Nationals in 1994 and he was the European Champion with the Spanish National Team in the Open Division back in 1996.

I attended my first competition in 2008 shooting Open Division. Monica retired from the elite sports in 2003, three years after she participated in the Olympic Games of Sidney 2000; she was the first Spanish woman who competed in weightlifting in the Olympic Games and won the World Championship in 1996.

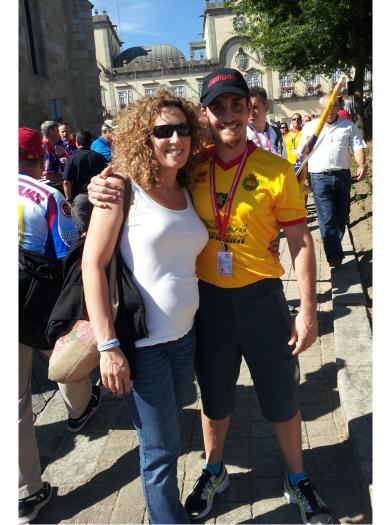
She started shooting IPSC in Barcelona in 2009.

How and when did you meet?

We met at a shooting gallery when I was the instructor for the CNP 12 years ago. My wife Monica was preparing for the Spanish Nationals in "Lady Gun",







Precision modality. The Spanish Nationals of CNP have two modalities: Precision and IPSC.

What do you love the most about shooting IPSC together?

We enjoy a lot when we compete together because the Monica's experience in in elite sports has helped me a lot. We need a lot of concentration when we face a stage and we prepare together when waiting the walkthrough, this is very important for me.

How do you help each other during a match?

She needs tips about arbitration and we always consult the IPSC rules together. For me, her tips on how to face competition are very important. Her experience as an Olympic athlete is definitely a plus I can count on for my preparation before and during a match.

Do you practice other sports or hobbies together?

We have a gym in our house and love going out and riding our bikes with our son. Monica is the Vicepresident of the Spanish Weightlifting Federation and the President of the Weightlifting Alzira Club and we allways travel together with her team when we don't have any IPSC competitions.

What's the next match you will be participating on together?

The next objective is to get my eighth Valencian Community Championship.

Do you have children who are interested in IPSC?

Our son is very young but he always helps me with dry fire and maybe he'll jump in when he can start shooting; in Spain shooting is legally allowed for people 18 and older.

Do you have any advice for other couples who practice IPSC shooting together?

In Spain there are many couples shooting together... it's a great sport to enjoy as a couple and as a family and definitely we are looking forward to many more years together on and off the range!



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UPCOMING MATCHES

Subject to COVID-19 Restrictions by Region

XVI IPSC MOLDOVA OPEN CHAMPIONSHIP

MOLDOVA AUGUST 7, 2022

2022 PAN AMERICAN HANDGUN CHAMPIONSHIP

UNITED STATES SEPTEMBER 11-21, 2022

IN THE NEXT ISSUE

2022-2023 COMPETITIONS UPDATES





